



HELLO  
*December*

Monticello Elementary Schools Lunch Menu



All Menus are  
Subject to Change

# Our December bite size facts of the month:

Seasonal Foods to be on the lookout for:

Pomegranates- October - January

Persimmons- November - February

Passion Fruit- June- December

Radicchio- January- April

Winter Squash- September- March

Brussel Sprouts- September- March

Try a new Winter Recipe with seasonal produce!

## Oatmeal Cookie Smoothie Recipe

- 3/4 cup rolled oats
  - 1/4 cup raisins
  - 1/4 teaspoon pumpkin pie spice
  - 1 cup whole milk, plus more if needed (or milk of your choosing)
  - 1/2 cup full-fat vanilla yogurt (or any yogurt of your choosing)
  - 1 tablespoon dark brown sugar
1. Add the oats, raisins and pumpkin pie spice to the carafe of a blender and pour in the milk, adding more to cover the oats if needed. Stir completely and set aside until the oats are soft, 15 minutes.
  2. Blend on high speed until pureed and smooth, about 1 minute. Add the yogurt, brown sugar and 1 1/2 cups ice, and blend on high speed until smooth, about 30 seconds. Pour into 2 pint glasses.

# December 2nd - 6th



## Monday- 12.2.24

### Hot Entrée-

NY Hot Dog on WG Bun  
Served with Baked Beans and  
Coleslaw

#### Daily Specials-

Cottage Cheese with Veggies and a Breadstick  
Veggie or a Cheeseburger  
Chef Salad with Turkey and a Hard Boiled Egg  
Italian Ham Wrap  
Strawberry Yogurt Parfait with Granola  
Pizza

## Tuesday- 12.3.24

### Hot Entrée-

Glazed Latin Chicken w/ Tortilla  
Served with Black Beans and Rice,  
Spiced Fruit Relish

#### Daily Specials-

Chickpea Waldorf Salad  
Black Bean Burgers or Cheeseburger  
Backyard BBQ Chicken Salad  
Chicken Salad Pita  
Peach Yogurt Parfait with Granola  
Pizza

## Wednesday- 12.4.24

### Hot Entrée-

Chicken Chunks with Dipping Sauces  
Served with Oven Roasted Zucchini and  
Squash,  
Pesto Pasta Salad

#### Daily Specials-

Mediterranean Quinoa Salad with Feta  
Veggie Burgers or a Cheeseburger  
Thai Style Salad with Chicken  
Siracha Chicken Wrap  
Raspberry Yogurt Parfait with Granola  
Pizza

## Thursday-12.5.24

Hot Entrée- Cheeseburger with a  
Tossed Salad  
Served with Sweet Potato Wedges  
and Cucumber Slices

#### Daily Specials-

Hummus with Pita Chips  
Black Bean Burger or a Cheeseburger  
Chicken Fajita Salad  
Turkey with Cranberry Spread  
Pineapple Yogurt Parfait with Granola  
Pizza

## Friday- 12.6.24

### Hot Entrée-

Assorted Pizza Choices  
Served with Roasted Chick Peas,  
and Corn

#### Daily Specials-

Chickpea Salad with Greens  
Veggie Burgers or a Cheeseburger  
Tuna Salad with greens  
California Chicken Wrap  
Mixed Yogurt Parfait with Granola

Blue Text- New  
menu items  
being featured

#### Daily Offerings-

Assorted Milk Variety  
Assorted Fresh and Canned Fruit  
Salad Bar  
Assorted WG Sandwiches  
Assorted WG Wraps  
WG PB&J w/ Cheese Stick  
Specialty Salads

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# December 9th-13th

**Monday- 12.9.24**

**Hot Entrée-  
Stuffed Shells**

Served with Tossed Romaine Salad,  
Three Bean Salad, and Carrots

*Daily Specials-*

Mediterranean Quinoa Salad with Feta  
Veggie Burgers or a Cheeseburger  
Thai Style Salad with Chicken  
Siracha Chicken Wrap  
Raspberry Yogurt Parfait with Granola  
Pizza

**Tuesday- 12.10.24**

**Hot Entrée-  
Breakfast for Lunch!  
Cheese Omelet and Sausage**  
Served with Hash Browns and an English  
Muffin

*Daily Specials-*

Southwest Quinoa Salad  
Black Bean or a Cheeseburger  
Southwest Chicken  
Caesar Hot Cuban  
Wrap Peach Yogurt  
Parfait with Granola  
Pizza

**Wednesday- 12.11.24**

**Hot Entrée-  
BBQ Bone-in Chicken Thigh**  
Served with **Pasta Salad**, Corned Bread  
with Honey, and Coleslaw

*Daily Specials-*

Cottage Cheese & Veggies with Breadstick  
Veggie Burgers or a Cheeseburger  
Tuna Salad with Greens  
Sesame Ginger Tuna Wrap  
Raspberry Yogurt Parfait with Granola  
Pizza

**Thursday- 12.12.24**

**Hot Entrée-  
Chicken Nuggets**  
Served with Sweet Potato Tater Tots  
and Roasted Broccoli

*Daily Specials-*

Tabbouleh with Feta and Greens  
Black Bean Burger or a Cheeseburger  
Sesame Chicken Asian Noodles with Greens  
Italian Combo Wrap  
Pineapple Yogurt Parfait with Granola  
Pizza

**Friday- 12.13.24**

**Hot Entrée-  
Assorted Pizza Choices**  
Served with Caesar Salad and Green Beans

*Daily Specials-*

Southwest Caesar Salad  
Veggies Burgers or a Cheeseburger  
Egg Salad with Greens  
California Wrap Mixed  
Yogurt Parfait with Granola

## DAILY OFFERINGS:

ASSORTED MILK VARIETY  
ASSORTED FRESH AND CANNED FRUIT  
SALAD BAR  
ASSORTED WG SANDWICHES  
ASSORTED WG WRAPS  
WG PB&J W/ CHEESE STICK  
SPECIALTY SALADS

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# December 16th-20th

**Monday- 12.16.24**

Hot Entrée-

Seasoned Bosco Sticks with Marinara Sauce  
Served with Tomato & Cucumber Salad

*Daily Specials-*

Hummus with Pita Chips and Greens  
Veggie Burger or a Cheeseburger  
Chef Salad with Ham and a Hard Boiled Egg  
Siracha Chicken Wrap  
Strawberry Yogurt Parfait with Granola  
Pizza

**Tuesday- 12.17.24**

Hot Entrée-

Baked Macaroni and Cheese with Ham  
Served with Peas and Carrots,  
and a **Kale Salad with an Apple Vinaigrette**

*Daily Specials-*

Southwest Quinoa Salad  
Black Bean Burger or a Cheeseburger  
Southwest Chicken  
Caesar Hot Cuban Wrap  
Peach Yogurt Parfait with Granola  
Pizza

**Wednesday- 12.18.24**

Hot Entrée-

Cheeseburger on a WG Bun  
Served with Shredded Lettuce, Tomato,  
Pickles, and Baked Beans and Coleslaw

*Daily Specials-*

Cottage Cheese & Veggies with a Breadstick  
Veggie Burgers or a Cheeseburger  
Tuna Salad with Greens  
Sesame Ginger Tuna Wrap  
Raspberry Yogurt Parfait with Granola  
Pizza

**Thursday- 12.19.24**

Hot Entrée-

**Boneless Baked Mojo Pork Chop**  
Served with Black Beans and Savory Rice,  
a Corn Tortilla, and Fresh Pico De Gallo

*Daily Specials-*

tabbouleh with Feta and Greens  
Black Bean Burger or a Cheeseburger  
Sesame Chicken Asian Noodles with Greens  
Italian Combo Wrap  
Pineapple Yogurt Parfait with Granola  
Pizza

**Friday- 12.20.24**

Hot Entrée-

Assorted Pizza

Served with a Tossed Salad and  
Assorted Vegetable Sticks

*Daily Specials-*

Southwest Caesar Salad  
Veggie Burger or a Cheeseburger  
Egg Salad with Greens  
California Turkey Wrap  
Mixed Yogurt Parfait with Granola




### DAILY OFFERINGS:

ASSORTED MILK VARIETY  
ASSORTED FRESH AND CANNED FRUIT  
SALAD BAR  
ASSORTED WG SANDWICHES  
ASSORTED WG WRAPS  
WG PB&J W/ CHEESE STICK  
SPECIALTY SALADS

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Winter Recess  
12.23.24 - 1.2.25

Enjoy your break!

# January 2nd & 3rd



**DAILY OFFERINGS:**  
ASSORTED MILK VARIETY  
ASSORTED FRESH AND CANNED FRUIT  
SALAD BAR  
ASSORTED WG SANDWICHES  
ASSORTED WG WRAPS  
WG PB&J W/ CHEESE STICK  
SPECIALTY SALADS



## Thursday- 1.2.25

**Hot Entrée-**  
**Chicken Tenders**  
*Served with Savory Seasoned Rice  
Mixed Vegetables*

*Daily Specials-*  
Hummus with Pita Chips and Greens  
Veggie Burgers or a Cheeseburger  
Chef Salad with Ham and a Hard Boiled  
Egg  
Siracha Chicken Wrap  
Strawberry Yogurt Parfait with Granola  
Pizza

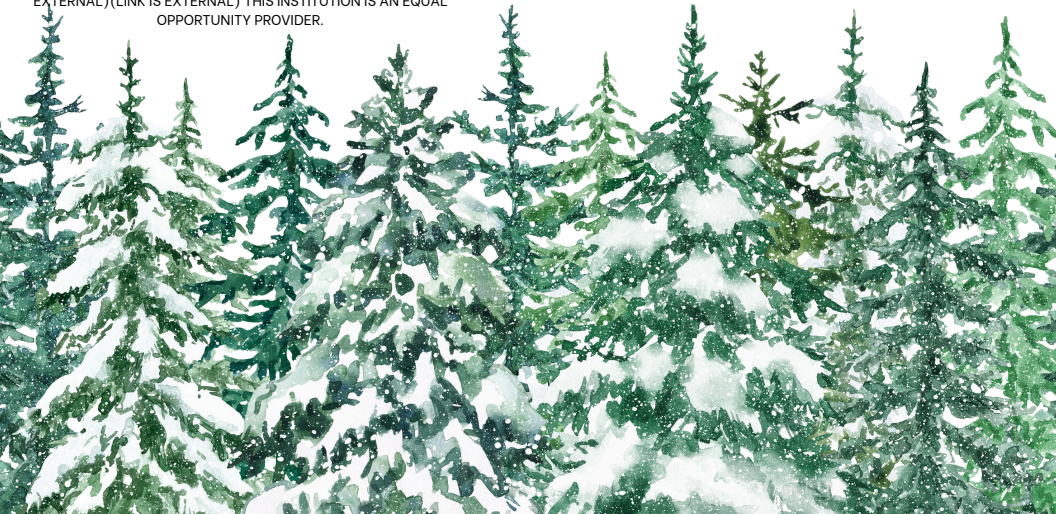
## Friday- 1.4.25

**Hot Entrée-**  
**Assorted Pizza**  
*Served with Roasted Chick Peas and Corn*

*Daily Specials-*  
Hummus w. Pita Chips and Greens  
Buffalo Chicken Salad  
Thai Chicken Wrap  
Yogurt Parfait  
Cheeseburger

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Monday- 1.6.25

Hot Entrée-

WG Pasta with Meatballs  
Served with Breadsticks and  
Garlic Green Beans

Daily Specials-

Hummus with Pita Chips and Greens  
Veggie Burgers or a Cheeseburger  
Chef Salad with Ham and a Hard Boiled Egg  
Siracha Chicken Wrap  
Strawberry Yogurt Parfait with Granola  
Pizza

Tuesday- 1.7.25

Hot Entrée-

Teriyaki Chicken Bowl  
Served with Seasoned Rice, Broccoli,  
and Chow Mein Noodles

Daily Specials-

Southwest Quinoa Salad  
Black Bean Burger or a Cheeseburger  
Southwest Chicken  
Peach Yogurt Parfait with Granola  
Pizza

Wednesday- 1.8.25

Hot Entrée-

Grilled Cheese and Tomato Soup  
Served with Goldfish Crackers  
and Baby Carrots

Daily Specials-

Tabbouleh with Feta and Greens  
Black Bean Burger or a Cheeseburger  
Sesame Chicken Asian Noodles with Greens  
Italian Combo Wrap  
Pineapple Yogurt Parfait with Granola  
Pizza

Thursday- 1.9.25

Hot Entrée-

Beef Taco Pie  
Served with Seasonal Potato Cubes  
and Mexicali Corn

Daily Specials-

Cottage Cheese & Veggies with a Breadstick  
Veggie Burgers or a Cheeseburger  
Tuna Salad with Greens  
Sesame Ginger Tuna Wrap  
Raspberry Yogurt Parfait with Granola  
Pizza

Friday- 1.10.25

Hot Entrée-

Assorted Pizza

Served with Watermelon Cucumber Salad  
with Feta  
and Roasted Zucchini and Squash

Daily Specials-

Southwest Caesar Salad  
Veggie Burger or a Cheeseburger  
Cottage Salad with Veggies  
California Turkey Wrap  
Mixed Yogurt Parfait with Granola

**DAILY OFFERINGS:**

ASSORTED MILK VARIETY  
ASSORTED FRESH AND CANNED FRUIT  
SALAD BAR  
ASSORTED WG SANDWICHES  
ASSORTED WG WRAPS  
WG PB&J W/ CHEESE STICK  
SPECIALTY SALADS

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