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County Executive

# The Orange County Department of Mental Health is Pleased to Present the 2015-2016 Coordinated In-Home Supports (CIHS) Project Training Calendar For Mentors and Parents of Enrolled Children



These Free Trainings Are Open to the Public Unless Otherwise Noted As Seating Permits  
You MUST Pre-Register Online at [www.bookeo.com/cihs2015](http://www.bookeo.com/cihs2015)

Note: Consultations Are Informal, themed Opportunities to Encourage Sharing and Networking  
Trainers: Developmental Disabilities Division's Child and Family Resource Team  
(Includes the Disciplines of Special Education, Occupational Therapy & Behavior Analysis)

**Questions? Call 845-291-2609**

## Trainings held at the Orange County Department of Mental Health 30 Harriman Drive Goshen, NY 10924

Day	Date	Time	Hrs.	Course	Title
Sat	April 18 <sup>th</sup>	10:00 am- 12:00 pm	2	Consult	<b>Activity Ideas for Children with Limited or No Functional Communication</b> Participants will be offered an array of ideas to give the child positive sensory experiences to promote growth.
Sat	April 18 <sup>th</sup>	1:00 pm- 3:00 pm	2	Core	<b>Planning, Organizing, Documenting and Delivering Your Professional Service (Staff Only)</b> Participants will learn how to approach, structure and deliver sessions for success; know when a skill has been truly mastered; select appropriate activities that relate to the valued outcomes and plan, document sessions; expectations of a professional. Mentors should bring Community Habilitation Plans.
<b>May 2015</b>					
Wed	May 6 <sup>th</sup>	630 pm- 8:30 pm	2	Consult	<b>Feeling Stuck? (Staff Only)</b> Participants will benefit from a free flowing exchange of ideas, resources and strategies that will offer a fresh perspective and help change things up.
Sat	May 16 <sup>th</sup>	10:00 am- 4:00 pm	6	Core	<b>Autism Spectrum Disorders and Intervention Suggestions</b> Participants will understand issues related to learning style, social interaction, sensory processing, communication, and motor planning; learn general strategies for intervention based on a platform of structured teaching; they will be given ideas for activities targeting skill development and strategies for structuring the home environment.
Wed	May 20 <sup>th</sup>	6:30 pm- 8:30 pm	2	Advanced	<b>Oral Health, Hygiene, Grooming for Children with Sensory Issues</b> Tooth Brushing, flossing, showering, haircuts, hair brushing, dental visits, etc. Participants will understand how the child may experience these routine activities and learn alternative solutions to teach skills or make the activities tolerable
<b>June 2015</b>					
Wed	June 3 <sup>rd</sup>	6:30 pm- 8:30 pm	2	Core	<b>Sensory Integration Issues for Children with Autism Spectrum Disorders</b> This workshop will provide an overview of common sensory issues and how to address them. It will also offer tips to assess and plan for potential sensory stimulants that may be problematic when in the home and community.
Sat	June 20 <sup>th</sup>	10:00am- 4:00 pm	6	Core	<b>Principles of Shaping Behavior</b> Participants will be introduced to basic concepts and terminology required for effective behavior change to teach new skills, reduce problem behaviors, document and track outcomes using data collection methods.
<b>July 2015</b>					
Sat	July 18 <sup>th</sup>	10:00 am- 12:00 pm	2	Consult	<b>Understanding and Preparing for Transitions.</b> Participants will learn to identify transitions and strategies for helping a child through them including visual supports such as schedules, timers, countdown, and indication when the activity is done and practicing schedule changes.
Sat	July 18 <sup>th</sup>	1:00 pm- 4:00 pm	3	Advanced	<b>Getting People to Cooperate Using Schedules of Reinforcement</b> Participants will learn to enhance motivation through the use of reinforcement strategies.
<b>August 2015</b>					
Sat	Aug 15 <sup>th</sup>	10:00 am- 12:00 pm	2	Consult	<b>Family Dynamics and Professional Boundaries (Staff Only)</b> Participants will gain an understanding of the diversity and complexities of families and how they interact with one another, parenting styles and values that can influence and impact the work. Also, how to maintain boundaries as a professional working in a family home.
Sat	Aug 15 <sup>th</sup>	1:00 pm- 3:00 pm	2	Core	<b>Social Skill Building</b> Participants will learn about progression of social skill development, how social skills are learned, the importance of social skill building for various age groups and functioning levels during this two hour workshop.

**September 2015**

Sat	Sept 19 <sup>th</sup>	10:00 am-12:00 pm	2	Consult	<b>Bring Your Own Behavior (BYOB) – Tips and Challenges (Staff Only)</b> Facilitated, interactive discussion and sharing of strategies to help shape skills and problem behaviors identified by the group.
Sat	Sept 19 <sup>th</sup>	1:00 pm-3:00 pm	2	Advanced	<b>Teens with Autism Spectrum Disorders-Important Skills to Focus On</b> Participants will learn to strategies to shape some of the critical skills that need to be taught and mastered now for successful employment and transition to adulthood with an emphasis on reduction of adult prompting--self-regulation, leisure, organizational skills, flexibility and negation, and more.

**October 2015**

Wed	Oct 7 <sup>th</sup>	6:30 pm-8:30 pm	2	Consult	<b>How to Create and Use Power Cards and Social Stories with Make &amp; Take</b> Power cards use the child's special interests to motivate while social stories help describe situations in terms of what the child can expect and what their responses should be. Both help to shape skill development.
Sat	Oct 17 <sup>th</sup>	10:00 am-4:00 pm	6	Core	<b>Principles of Shaping Behavior</b> Participants will be introduced to basic concepts and terminology required for effective behavior change to reduce problem behaviors, teach replacement skills, document and track outcomes using data collection methods.

**November 2015**

Wed	Nov 4 <sup>th</sup>	6:30 pm-8:30 pm	2	Consult	<b>Tech Tools for Today's Learner</b> Participants will be introduced to a variety of apps for tech devices to encourage independence, assist sensory processing needs and support daily living schedules.
Sat	Nov 21 <sup>st</sup>	10:00 am-4:00 pm	6	Core	<b>Autism Spectrum Disorders and Intervention Suggestions</b> Participants will understand issues related to learning style, social interaction, sensory processing, communication, and motor planning; learn general strategies for intervention based on a platform of structured teaching; they will be given ideas for activities targeting skill development and strategies for structuring the home environment.

**December 2015**

Wed	Dec 2 <sup>nd</sup>	6:30 pm-8:30 pm	2	Consult	<b>It's Ok to Say "NO"</b> Video games, personal electronics, television, talking back, interrupting, etc. Participants will discuss the need to establish clear boundaries and discipline around those annoying and potentially harmful behaviors or activities and strategies for implementation.
Sat	Dec 19 <sup>th</sup>	10:00 am-12:00 pm	2	Core	<b>Planning, Organizing &amp; Documenting Your Professional Service for Children and Youth with Autism Spectrum Disorders. (Staff Only)</b> Participants will learn how to approach, structure and deliver sessions for success; know when a skill has been truly mastered; select appropriate activities that relate to the valued outcomes and plan, document sessions; expectations of a professional. Mentors should bring Community Habilitation Plans.
Sat	Dec 19 <sup>th</sup>	1:00 pm-3:00 pm	2	Core	<b>Sensory Integration Issues for Children with Autism Spectrum Disorders</b> This workshop will provide an overview of common sensory issues and how to address them. It will also offer tips to assess and plan for potential sensory stimulants that may be problematic when in the home and community.

**January 2016**

Wed	Jan 6 <sup>th</sup>	6:30 pm-8:30 pm	2	Consult	<b>Safety Skill Building</b> Traffic safety, supervision, negotiating parking lots, safety plans for the home and community outings.
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**February 2016**

Wed	Feb 3 <sup>rd</sup>	6:30 pm-8:30 pm	2	Consult	<b>Strategies for Teaching Personal Boundaries, Personal Space and Social Boundaries (Staff Only)</b> Most typical children pick up on these important social rules through experience and observation, children with ASDs often need to be taught.
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**March 2016**

Wed	Mar 2 <sup>nd</sup>	6:30 pm-8:30 pm	2	Core	<b>Social Skill Building</b> Participants will learn about progression of social skill development, how social skills are learned, the importance of social skill building for various age groups and functioning levels during this two hour workshop.
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